



# Home Care Guide to Dental Implants

Dental implants are a great option for replacing missing teeth. They are a durable and long-lasting solution that can help you eat, speak, and smile confidently.

**by Dr Anurag Gupta**



# What are Dental Implants?

## Titanium Post

A titanium post that is surgically implanted into the jawbone, acting as a root for the artificial tooth.

## Abutment

A connector that attaches the crown to the implant post.

## Crown

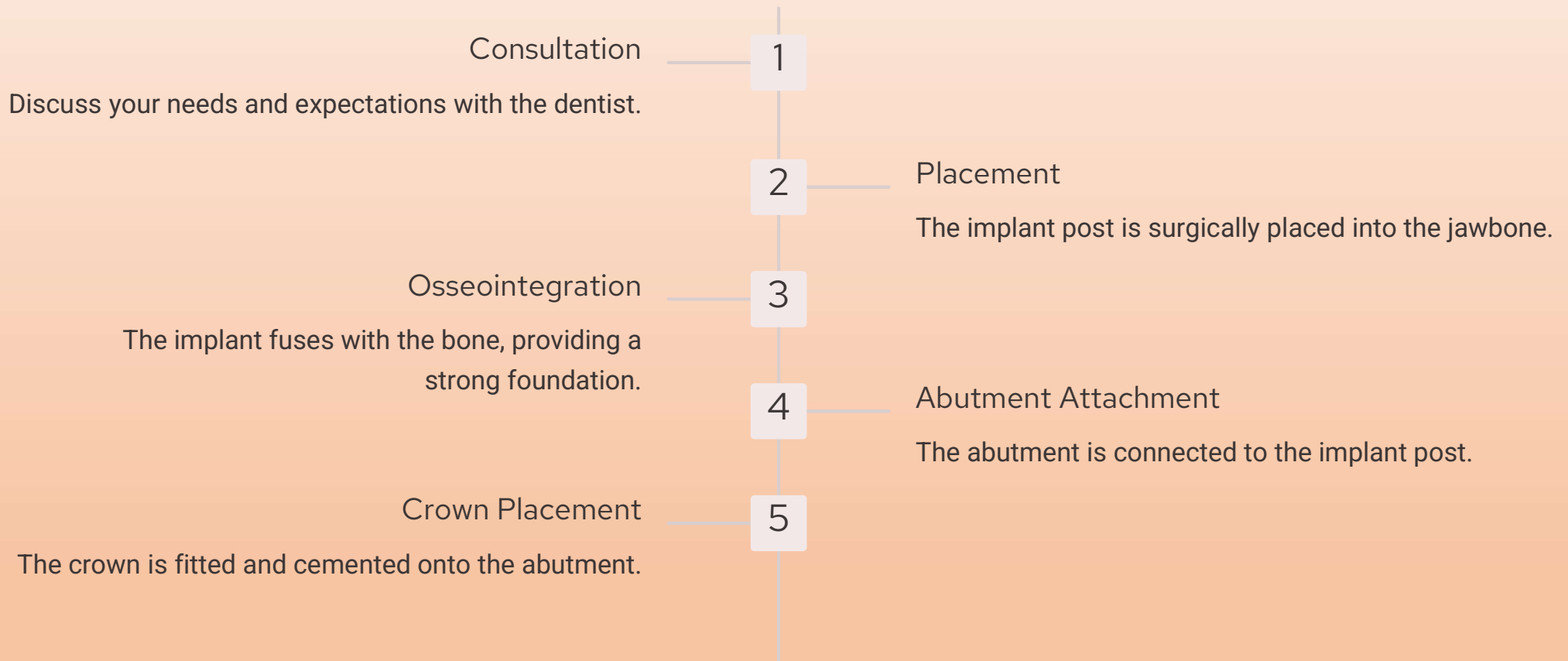
The visible portion of the implant, designed to resemble a natural tooth and restore function and aesthetics.



# Benefits of Dental Implants

- 1** **Enhanced Appearance**  
Implants restore your smile's natural beauty and confidence.
- 2** **Improved Speech**  
Dental implants help you speak clearly and confidently.
- 3** **Enhanced Eating Habits**  
You can enjoy a wider variety of foods with the strength and stability of implants.
- 4** **Long-Lasting Solution**  
With proper care, dental implants can last for decades.

# Dental Implant Procedure



# Caring for Your Dental Implants

## Brushing

Brush twice daily with a soft-bristled toothbrush and fluoride toothpaste.

Use a gentle circular motion, ensuring you reach all surfaces of your teeth and implants.

## Flossing

Floss daily to remove plaque and food debris from between your teeth and implants.

Use a floss threader to reach under the bridge or crown and clean effectively.

## Mouthwash

Rinse with an antibacterial mouthwash after brushing and flossing.

This helps control bacteria and promotes oral health.

# Cleaning and Maintaining Implants

1

## Regular Brushing

Use a soft-bristled toothbrush and fluoride toothpaste to clean your implants, reaching all surfaces.

2

## Interdental Brush

Utilize an interdental brush to effectively clean between the implant and natural teeth.

3

## Dental Hygiene Products

Use a water flosser or specialized implant cleaning tools as recommended by your dentist.

4

## Professional Cleanings

Schedule regular dental checkups and professional cleanings to ensure optimal implant health.







## Potential Complications and Solutions

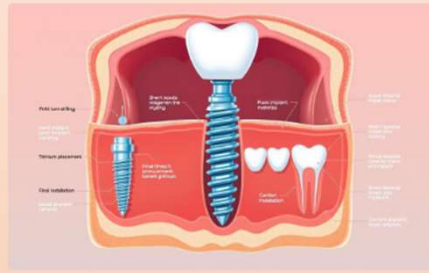
Peri-implantitis	Inflammation around the implant.	Professional cleaning, antibiotics, surgical intervention.
Implant Failure	Implant loosens or fails to integrate with the bone.	Re-implantation, bone grafting, alternative solutions.
Crown Fracture	The crown breaks or chips.	Crown replacement, adjustment, careful chewing habits.

# Frequently Asked Questions



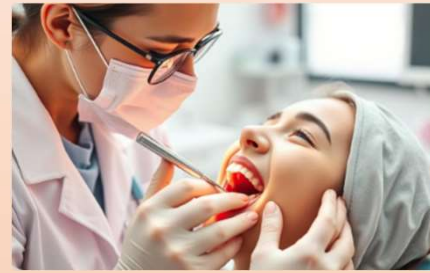
How long does the procedure take?

The implant procedure can vary in length, but the initial surgery usually takes 1-2 hours.



What is the cost of dental implants?

The cost of implants can vary depending on factors like location, materials, and the complexity of the procedure.



Will it be painful?

You will be given local anesthesia during the procedure, minimizing discomfort.



What are the long-term care requirements?

Proper oral hygiene and regular dental checkups are crucial for implant longevity.



For any more info, contact us:



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All days open except  
Sunday.

On Sunday by prior  
appointment only